



G
ganraya food products
we energize your life

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AN ISO 22000-2005 Certified Plant

*an amla a day
keep diseases away...*



History of Amla

Amla was featured in a 7th-century Ayurvedic Medical text. The sage Muni Chyawan reputedly restored his vitality with this fruit. Amla is one of the oldest Indian fruit. Amla's unique taste has gives it the rank of a super rasayana in ayurveda, of all the Rasayanas (ayurvedic formulations revered for their positive influence on the overall physiology) amla is considered one of the most potent and nourishing fruit.

The Charaka samhita says, “amla is the best among rejuvenative herbs” “Shusrut”, the great Ayurvedic authority, considers it as the best of all acid fruit and most useful in health and diseases, Amla contains five out of six tastes-sweet, sour, pungent, bitter and astringent - all except salty (Amla, Madhur, kashyar, katu, Tikta except Lavan) which is a rare and valuable property and is equally beneficial for all doshas, it is considered such Powerful rejuvenator that it is one of the very few herbs that is sometimes used all by itself in Ayurveda.

The Wonder FruitAyurvedic ConnectionAyurvedic Energies:

- Rasa : Sweet, Sour, Pungent, Bitter, Astringent
- Veerya : Cooling
- Vipaka : Sweet
- Guna : Light, dry

The Wonder fruit Amla In Processed form:

Despite its taste being sour, the good news is that unlike most other fruits, amla does not loose its properties when pulped dried or processed, amla nutrient content do not drop as drastically as it happens with most fruits. The vitamin ‘C’ Value of amla increases further when the Juice is extracted from the fruit, the dehydrated berry provides 2428 to 3470 mg. of vitamin ‘C’ per 100 grams. Even when it is dried in the shade and then turned in to powder, it retains as much as 1780 to 2660 mgs. of vitamin ‘C’

| OD Value: (per 100 edible grams) | | |
|----------------------------------|---|--------|
| Moisture | - | 81.8% |
| Calcium | - | 50 mg |
| Protein | - | 0.5% |
| Phosphorus | - | 20 mg |
| Fat | - | 0.1% |
| Iron | - | 1.2 Mg |
| Minerals | - | 0.5% |
| Vitamin C | - | 600 mg |
| Fibre | - | 3.4% |
| Carbohydrates | - | 13.7% |
| Calorific Value | - | 48 |

According to Hakeem Hashmi amla is unique the fruit does not leave its chemical ingredients even when heated on fire, Every single part of fruit rind, pulp, seed etc is used for medicinal purpose.

This is where Amlamrut steps into, introduce people a standardized and consistent supply of quality, processed amla products. Amla murabba, chutney, juice, powder and candy, to name a few. Amlamrut is a genuine attempt to present to the society healthy food, without compromising on the immense nutritive value of amla. Our attempt is not just to sell. The attempt is 'to heal'.

About 'Amla'

India is blessed with 'amla', the most wonderful fruit. It has immense nutritive and rejuvenating properties, because of its rich vitamin 'C' content i.e. approx. 600 mg per 100 gm of amla. It is “Sattwic” (stimulates spiritual purity).

Amla Increases “OJAS” (the subtle essence of living matter, the foundation of good health, mental sanity, and spiritual growth).

Amla is a potent gift of Mother nature to mankind. The wonder fruit amla has a lot of curative properties in any form. It is capable of imparting glow and luster, Amla in any form is good for health.

Consuming Amla daily works wonders on our health. This wonder fruit has 20 times more Vitamin ‘C’ than found in an orange. Recent studies have indicated that regular consumption of Amla increases longevity. Despite of its taste being sour, the good news is that unlike most other fruits, amla does not loose its properties when processed, pulped or dried. Nutrient contents of processed amla do not drop as drastically at it happens with most fruits.

This fruit also does not leave its chemical ingredients even when heated on fire. The properties attached to amla are endless. It strengthens the heart, kidney, lever works as coolant and has anti aging & anti stress properties. It is a rich source of Vitamin ‘C’, Minerals and polyphenols which provides resistance to our body to fight several diseases. As the fruit has limited table value due to its highly acidic and astringent taste, to improve the acceptability and nutritional qualities Ganraya Food Products brings amlamrut a wide range of quality processed amla products.

It is the quality of our product which has made us different from others in the market. We assure to produce high quality packed amla products that match the global quality standard for our consumers.

We maintain high quality by subjecting our products to stringent quality checks at every stage during the manufacturing process. The change in colour of the product does not indicate deterioration in quality.

About Ganraya Food

Ganraya Food -the Icon of taste & quality

No one understands Amla as Ganaraya Food Products does. A leading name in food industry, GFP with its own orchard, has actually given Amla the high-value status it deserves. With over 2500 Amla plants, GFP has invented unique way of preparation and packaging of Amla products. It's a registered company with a license from Food Safety & Standard Authority of India. Under the visionary leadership of Mr. Deepak Bhandarwar, the company is poised to go places.

The Inception

The GFP was founded in 2005. The focus since then has always been on producing superior quality Amla products at a reasonable price. With ample fresh Amla for processing, GFP has come up with many innovative varieties of useful products.

The Network

Besides the chain of distribution network, the company has 16 retail outlets. Most of them are on highways like -Motel Drive Inn, Food Mall, Nishisagar, Food tracks, Food Hub, Food Carnival on Mumbai-Pune Expressway and so on...

The Quality

With GFP the decisive differentiation has always been the topmost quality. Being an exporter, the company has set and judiciously maintained the globally acclaimed stringent standards of manufacturing and packaging. GFP uses preservatives to the extent permissible by the Food Safety & Standard Authority of India

Prompt service - genuine quality - ready stock and class packaging is the motto of GFP With its continual commitment and quality adherence, GFP has become an iconic brand with a large customer base.

The Management

Amar and Amit Bhandarwar are the two pillars of GFP They are enduring sources of inspiration and shoulder a defined set of responsibilities. Amar looks after day to day operations of the company. A post graduate in Agriculture he has studied and developed a dynamic vision about rural economy, he is a known figure because of his very strong social and political presence. His experience and expertise in fruits & vegetable processing is the backbone of the company. Amit, on the other hand possesses a different skill set, he is the chief strategist and marketing head of the company. Efficient operational skills and vast experience in marketing have made Amit an asset of GFP.



'amlamrut' Amla Candy

Nutritional Values

(per 100 g approx. when packed)

| | |
|--------------|----------|
| Energy | 325 Kcal |
| Vitamin C | 280 mg |
| Carbohydrate | 78.02 g |
| Protein | 0.27 g |
| Fat | 1.25 g |

Boiled amla is segmented, dipped in sugar syrup and dried. Amla candy is very popular and easy to consume at any time. It is very useful in hyper-acidity and indigestion as it is rich in vitamin 'C' and fibre content. It also acts as a mouth freshener.

| Retail Pack | Wholesale Pack |
|---------------|-------------------|
| 1.250 kg | 1.250 kg x 6 Nos. |
| 500 g | 500 g x 12 Nos. |
| 250 g | 250 g x 24 Nos. |
| 125 g | 125 g x 24 Nos. |
| 100 g (dabbi) | 100 g x 24 Nos. |
| 50 g (pkt) | 50 g x 30 Nos. |



'amlamrut' Masala Candy

Nutritional Values

(per 100 g approx. when packed)

| | |
|--------------|----------|
| Energy | 325 Kcal |
| Vitamin C | 280 mg |
| Carbohydrate | 78.02 g |
| Protein | 0.27 g |
| Fat | 1.5 g |

Boiled amla is segmented, dipped in sugar syrup and dried. The added spices and condiments in masala Candy brings khatta-mitha and chatpata taste. It is very useful in indigestion as it is rich in vitamin 'C' and fibre content. It also acts as a mouth freshener.

| Retail Pack | Wholesale Pack |
|---------------|-------------------|
| 1.250 kg | 1.250 kg x 6 Nos. |
| 500 g | 500 g x 12 Nos. |
| 250 g | 250 g x 24 Nos. |
| 125 g | 125 g x 24 Nos. |
| 100 g (dabbi) | 100 g x 24 Nos. |



'amlamrut' Salted Candy

Nutritional Values

(per 100 g approx. when packed)

| | |
|--------------|----------|
| Energy | 325 Kcal |
| Vitamin C | 280 mg |
| Carbohydrate | 78.02 g |
| Protein | 0.27 g |
| Fat | 1.25 g |

Boiled amla is segmented, dipped in sugar syrup and dried. The added salt in salted candy brings salty an chatpata taste. It is very useful in indigestion as it is rich in vitamin 'C' and fibre content it also acts as a mouth freshener.

| Retail Pack | Wholesale Pack |
|-------------|-----------------|
| 500 g | 500 g x 12 Nos. |
| 250 g | 250 g x 24 Nos. |
| 125 g | 125 g x 24 Nos. |





'amlamrut' Amla Bite

Nutritional Values

(per 100 g approx. when packed)

| | |
|--------------|----------|
| Energy | 326 Kcal |
| Vitamin C | 250 mg |
| Carbohydrate | 79 g |
| Protein | 0.20 g |
| Fat | 0.8 g |

It's a Jelly chocolate made from amla pulp. Very beneficial to children.

| Retail Pack | Wholesale Pack |
|-------------|-----------------|
| 200 g | 200 g x 36 Nos. |



'amlamrut' Amla Laddu

Nutritional Values

(per 100 g approx. when packed)

| | |
|--------------|----------|
| Energy | 326 Kcal |
| Vitamin C | 250 mg |
| Carbohydrate | 79 g |
| Protein | 0.8 g |
| Fat | 0.8 g |

It is a latest version of processed amla shreds with sugar.

| Retail Pack | Wholesale Pack |
|-------------|-----------------|
| 400 g | 400 g x 36 Nos. |
| 200 g | 200 g x 24 Nos. |



'amlamrut' Amla Jam

Nutritional Values

(per 100 g approx. when packed)

| | |
|--------------|----------|
| Energy | 326 Kcal |
| Vitamin C | 250 mg |
| Carbohydrate | 79 g |
| Protein | 0.8 g |
| Fat | 0.8 g |

It's a amla jam like other fruit jams, but without any colour or flavor. It can be used as a bread spread or can be used with chapati.

| Retail Pack | Wholesale Pack |
|-------------|-----------------|
| 500 g | 500 g x 24 Nos. |
| 250 g | 250 g x 48 Nos. |





'amlamrut' Amla Pickle

Nutritional Values

(per 100 g approx. when packed)

| | |
|--------------|----------|
| Energy | 329 Kcal |
| Vitamin C | 350 mg |
| Carbohydrate | 23.73 g |
| Protein | 1.85 g |
| Fat | 25.2 g |

Pickles are most common recipe in our society everyone's favourite. Sour and astringent taste pickle makes it a compliments with the daily meals.

| Retail Pack | Wholesale Pack |
|-------------|-----------------|
| 1 kg | 1 kg x 12 Nos. |
| 500 g | 500 g x 24 Nos. |
| 250 g | 250 g x 24 Nos. |



'amlamrut' Amla Chutney

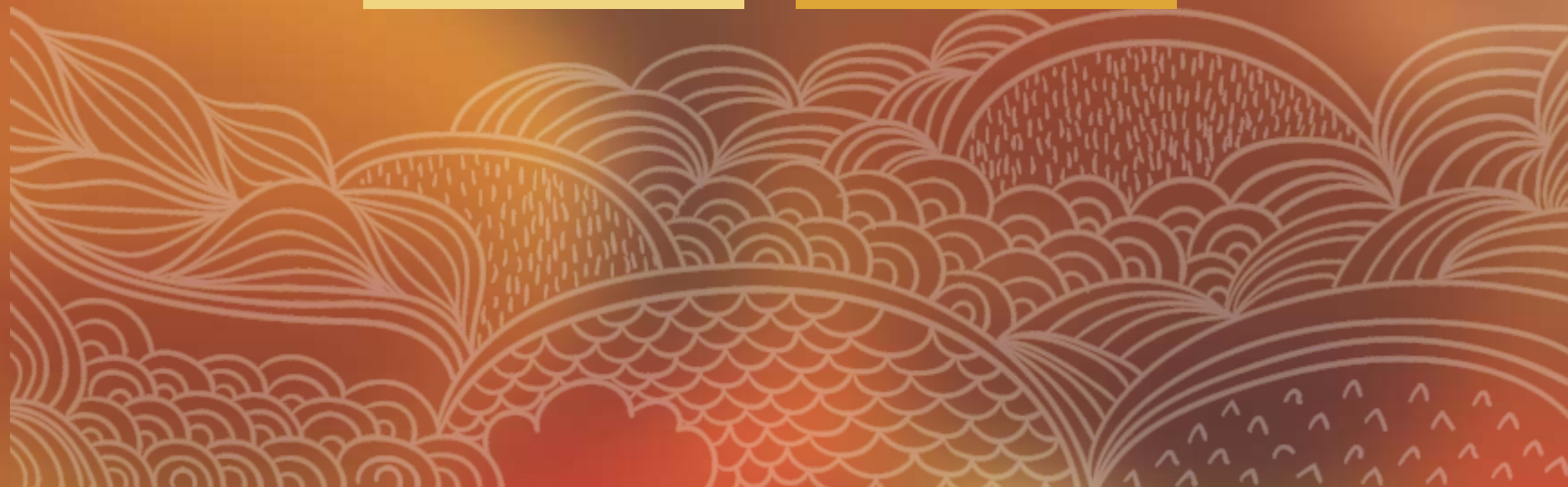
Nutritional Values

(per 100 g approx. when packed)

| | |
|--------------|----------|
| Energy | 308 Kcal |
| Vitamin C | 380 mg |
| Carbohydrate | 75.99 g |
| Protein | 0.51 g |
| Fat | 0.26 g |

Amla Shreds in sugar with traditional spices and dry fruits brings mouth watering taste during meals. It can be consumed as a bread spread and also with paratha and chapati.

| Retail Pack | Wholesale Pack |
|-------------|-----------------|
| 1 kg | 1 kg x 12 Nos. |
| 500 g | 500 g x 24 Nos. |
| 300 g | 300 g x 24 Nos. |





'amlamrut' Amla Powder

Nutritional Values

(per 100 g approx. when packed)

| | |
|--------------|----------|
| Energy | 296 Kcal |
| Vitamin C | 635 mg |
| Carbohydrate | 68.67 g |
| Protein | 3.81 g |
| Fat | 0.69 g |

Amla Powder improves the immunity and gives physical strength. It purifies the blood control cholesterol. As per Indian Ayurvedic concept 'Eat Amla Powder and live long and healthy life.

| Retail Pack | Wholesale Pack |
|-------------|-----------------|
| 500 g | 500 g x 12 Nos |
| 250 g | 250 g x 24 Nos. |
| 125 g | 125 g x 24 Nos. |



'amlamrut' Amla Pachak

Nutritional Values

(per 100 g approx. when packed)

| | |
|--------------|----------|
| Energy | 281 Kcal |
| Vitamin C | 625 mg |
| Carbohydrate | 65.93 g |
| Protein | 2.83 g |
| Fat | 0.66 g |

This is the easiest way to intake Amla, as it can be Carried & Popped in to the mouth whenever you need. It's a best alternate to Guthka, Tobacco & Betel nut.

| Retail Pack | Wholesale Pack |
|---------------|-----------------|
| 500 g | 500 g x 12 Nos. |
| 250 g | 250 g x 24 Nos. |
| 125 g | 125 g x 24 Nos. |
| 100 g (dabbi) | 100 g x 24 Nos. |
| 100 g (pkt) | 100 g x 20 Nos. |
| 50 g (pkt) | 50 g x 30 Nos. |



'amlamrut' Amla Squash

Nutritional Values
(per 100 g approx. when packed)

| | |
|--------------|----------|
| Energy | 210 Kcal |
| Vitamin C | 40 mg |
| Carbohydrate | 51.57g |
| Protein | 0.20 g |
| Fat | 0.21 g |

It can be consumed by mixing with 3/4th part of water. It is very effective to take this juice daily empty stomach in the morning. It prevents oxidation of free radicals. Hence acts as an antioxidants. It is a wonderful additive to cocktails.

| Retail Pack | Wholesale Pack |
|-------------|------------------|
| 650 ml | 650 ml x 25 Nos. |
| 450 ml | 450 ml x 25 Nos. |



'amlamrut' Amla Ginger Squash

Nutritional Values
(per 100 g approx. when packed)

| | |
|--------------|----------|
| Energy | 243 Kcal |
| Vitamin C | 40 mg |
| Carbohydrate | 60.16 g |
| Protein | 0.05 g |
| Fat | 0.21g |

It can be consumed by mixing with 3/4th part of water. It is very effective to take this juice daily empty stomach in the morning. It prevents oxidation of free radicals. Hence acts as an antioxidants. It is a wonderful additive to cocktails.

| Retail Pack | Wholesale Pack |
|-------------|------------------|
| 650 ml | 650 ml x 25 Nos. |
| 450 ml | 450 ml x 25 Nos. |



'amlamrut' Amla Juice

Nutritional Values
(per 100 g approx. when packed)

| | |
|--------------|---------|
| Energy | 28 Kcal |
| Vitamin C | 380 mg |
| Carbohydrate | 6.33 g |
| Protein | 0.50 g |
| Fat | 0.12 g |

Amla Juice is a potent antioxidant, antibacterial, antiviral and digestive aid. We produce the best quality Amla juice at extremely competitive prices. It is very effective for diabetic and heart patients.

| Retail Pack | Wholesale Pack |
|-------------|------------------|
| 650 ml | 650 ml x 25 Nos. |
| 450 ml | 450 ml x 25 Nos. |





'amlamrut' Amla Murabba

Nutritional Values

(per 100 g approx. when packed)

| | |
|--------------|----------|
| Energy | 349 Kcal |
| Vitamin C | 360 mg |
| Carbohydrate | 78.94 g |
| Protein | 0.11 g |
| Fat | 3.50 g |

Murabba is a traditional preparation. It is a most popular and valuable preparation. Murabba is beneficial for digestive system and helps to prevent heart disease. It keeps the body cool and works wonder on skin.

| Retail Pack | Wholesale Pack |
|-------------|-----------------|
| 20 kg | 20 kg x 1 Nos. |
| 5 kg | 5 kg x 4 Nos. |
| 2.5 kg | 2.5 kg x 6 Nos. |
| 1 kg | 1 kg x 12 Nos. |
| 500 g | 500 g x 24 Nos. |



'amlamrut' Murabba Slice

Nutritional Values

(per 100 g approx. when packed)

| | |
|--------------|----------|
| Energy | 349 Kcal |
| Vitamin C | 360 mg |
| Carbohydrate | 78.94 g |
| Protein | 0.11 g |
| Fat | 3.63 g |

It is an excellent preparation prepared by dipping amla segments in sugar solution. It is easy to consume and has many curative properties.

| Retail Pack | Wholesale Pack |
|-------------|-----------------|
| 1 kg | 1 kg x 12 Nos. |
| 500 g | 500 g x 24 Nos. |
| 300 g | 300 g x 24 Nos. |



'amlamrut' Dry Murabba

Nutritional Values

(per 100 g approx. when packed)

| | |
|--------------|----------|
| Energy | 349 Kcal |
| Vitamin C | 360 mg |
| Carbohydrate | 78.94 g |
| Protein | 0.11 g |
| Fat | 1.5 g |

The Traditional amla murubba is conveted into dried form It is a most popular and valuable preparation. Murabba is beneficial for digestive system and helps to prevent heart diseases. It keeps the body cool and works wonder on skin.

| Retail Pack | Wholesale Pack |
|-------------|-----------------|
| 500 g | 500 g x 12 Nos. |
| 250 g | 250 g x 24 Nos. |



'amlamrut' Honey

Nutritional Values

(per 100 g approx. when packed)

| | |
|--------------|----------|
| Energy | 325 Kcal |
| Vitamin C | 280 mg |
| Carbohydrate | 78.02 g |
| Protein | 0.27 g |
| Fat | Nil |

Properties attach with Honey are endless, Honey is very beneficial with Amla Juice/ Powder.

| Retail Pack | Wholesale Pack |
|-------------|-----------------|
| 500 g | 500 g x 24 Nos. |
| 250 g | 250 g x 48 Nos. |
| 600 g | 600 g x 24 Nos. |
| 300 g | 300 g x 40 Nos. |



'amlamrut' Health Pack

Large

Contents

| | |
|--------------|---------------|
| Murabba | 500 g x 1Pic |
| Candy | 250 g x 1pic |
| Masala candy | 125 g x 1pic |
| Laddu | 200 g x 1pic |
| Slice | 300 g x 1pic |
| Chutney | 300 g x 1pic |
| Pachak (pkt) | 100 g x 2pic |
| Squash | 650 ml x 1pic |

Small

Contents

| | |
|--------------|----------------|
| Candy | 125 g x 1 pic |
| Slice | 300 g x 1 pic |
| Masala candy | 125 g x 1 pic |
| Pachak (pkt) | 100 g x 1 pic |
| Pickle | 250 g x 1 pic |
| Squash | 450 ml x 1 pic |

Mini

Contents

| | |
|--------|---------------|
| Candy | 125 g x 1 pic |
| Pickle | 250 g x 1 pic |
| Pachak | 125 g x 1 pic |

It's a gift pack for some one you loves
available in three sizes large / small / mini



आमलामृत “आवला एक रोग निवारक”

प्रकृति ने मानव को अनेक प्रकार के वरदान दिये हैं। उनमें शक्ती स्वोत् तथा रोगों का निवारक “आवला” सबसे आगे है। प्राचीन काल से ही मानव इसका उपयोग दवा के रूप में करता आ रहा है। नवजीवन देनेवाली जड़ीबुटीयों में आवला सर्वोत्तम माना जाता है। इसलिए इस फल को अमृत फल भी कहते हैं।

विभिन्न रोगों में आवले की उपयोगिता :

सरदर्द : सरदर्द से छुटकारा पाने के लिए आवले का रोज सेवन करना अत्यंत गुणकारी है। ऐसा करने से सरदर्द जड़ से नष्ट हो जाता है।

सर्दी-खाँसी : आवले का मुख्य तत्व विटामिन “सी” सर्दी के लिए गुणकारी है।

आमवात : पेट की तकलीफ यानी आमवात है। नियमित आवले के सेवन से इस रोग का निवारण होता है।

मधुमेह : इस फल में विटामिन “सी” की प्रधानता के कारण यह मधुमेह को काबु में लाता है। आमला पावडर और हल्दी का मिश्रण भोजन के पहले सेवन करने से मधुमेह में सुधार आता है।

ब्लड प्रेशर: आवला मुरब्बा नियमित रूप से सेवन करने से कोलेस्ट्रॉल का प्रमाण काबु में लाता है। इससे ब्लड प्रेशर बढ़ने से बचाव होता है।

आवला पावडर या इसके प्यूस का शहद के साथ मिश्रण सुबह खाली पेट सेवन करने से पाचन शक्ती बढ़ती है। आवला रसघातू और रक्तघातू को शक्तीशाली बनाकर लिवर को शक्ति प्रदान करता है। आवले का किसी भी रूप में सेवन करना सेहत के लिए गुणकारी है और यह सभी बिमारीयों को दूर करने के लिए लाभदायक है।

“आवले का नियमित सेवन ही रोगों का निवारण है।”



Benefits of Amla Products

India is blessed with 'amla', the most wonderful fruit. It has immense nutritive and rejuvenating properties, because of its rich vitamin 'C' content i.e. approximately 600 mg per 100 gm of amla. It is “Sattwic” (stimulates spiritual purity). Amla increases “OJAS” (the subtle essence of living matter, the foundation of good health, mental sanity, and spiritual growth). Amla is a potent gift of Mother Nature to mankind. The wonder fruit amla has a lot of curative' properties in any form. It is capable of imparting glow and luster.

Amlamrut MURABBA / SLICE: It is beneficial for digestive system and helps to prevent heart diseases. It controls blood pressure and keeps the body cool. It is more effective if taken empty stomach daily in the morning.

Amlamrut CANDY / MASALA CANDY: It is very useful in hyper-acidity and indigestion as it is a rich source of vitamin 'C' and fibre content.

Amlamrut POWDER / PACHAK: It improves the immunity and gives physical strength. It purifies the blood, control cholesterol. 1 gm amla powder with little milk or water, twice a day cures acidity. Amla powder mixed with honey cures cough.

Amlamrut SQUASH / JUICE: Amla Juice is a potent antioxidant, [antibacterial, antiviral and digestive aid. It should be taken midway during the meals mixed with water strengthens the mind as well as heart.

Amla in any form is good for health.